

# CYO Track & Field Meets - Revised 2024

## Schedule of Running Events

### Regular Season Qualifying Meets

Field Events Begin at 8:30 AM

Running Events Begin at 8:45 AM

Estimated times --  
Next event will begin  
when previous event  
concludes - Be early!

Approximate Start Time	Event	Event #	Division
8:45 am	3000 Meter Run Combine as appropriate	1	Cub Girls
		2	Cub Boys
		3	Cadet Girls
		4	Cadet Boys
9:10 am	100 Meter Dash	5	Roadrunner Girls
		6	Roadrunner Boys
		7	Cub Girls
		8	Cub Boys
		9	Cadet Girls
		10	Cadet Boys
10:00 am	Shuttle Relay	11	Roadrunner Girls
		12	Roadrunner Boys
10:25 am	1500 Meter Run Combine as appropriate	13	Roadrunner Girls
		14	Roadrunner Boys
		15	Cub Girls
		16	Cub Boys
		17	Cadet Girls
		18	Cadet Boys
10:55 am	400 Meter Dash	19	Roadrunner Girls
		20	Roadrunner Boys
		21	Cub Girls
		22	Cub Boys
		23	Cadet Girls
		24	Cadet Boys
11:25 am	400 Meter Relay (4x100 M. Relay) Combine as appropriate	25	Roadrunner Girls
		26	Roadrunner Boys
		27	Cub Girls
		28	Cub Boys
		29	Cadet Girls
		30	Cadet Boys
11:55 am	800 Meter Run Combine as appropriate	31	Roadrunner Girls
		32	Roadrunner Boys
		33	Cub Girls
		34	Cub Boys
		35	Cadet Girls
		36	Cadet Boys
12:15 pm	200 Meter Dash	37	Roadrunner Girls
		38	Roadrunner Boys
		39	Cub Girls
		40	Cub Boys
		41	Cadet Girls
		42	Cadet Boys
12:35 pm	1600 Meter Relay (4X400M. Relay)	43	Cub Girls
		44	Cub Boys
		45	Cadet Girls
		46	Cadet Boys

## Schedule of Events - Revised 2024

Field Events Begin at 8:30 AM

Running Events Begin at 9:00 AM

# CYO Field Events

## Regular Season Qualifying Meets

Start Time	High Jump	Shot Put	LJump#1	LJump#2	Turbo Jav (RR) Finnflier (Cub/Cad)
8:30 am	Cub Girls	Cub Boys	Cad Boys	RR Girls	RR Boys
9:10 am	Cad Boys	Cub Girls			Cad Girls
10:10 am		RR Boys	Cub Boys	Cad Girls	Cad Boys
10:50 am	Cub Boys	RR Girls			Cub Girls
11:30 am	Cad Girls	Cad Boys	RR Boys	Cub Girls	Cub Boys
12:00 pm		Cad Girls			RR Girls

Estimated times.

Next event will begin  
when previous event concludes

**Be early!**